



# LOOKISM.NET

The Forefront Of The Coping Movement™

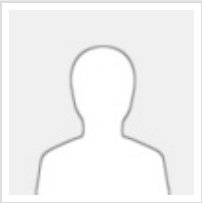
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Lookism.net - Aesthetics, Red Pill, and Masculinity Discussion > LMS and Red Pill discussions > Shitty Advice  
**[Looksmax]** The top 5 features people commonly lack and the PSL improvement each brings!

Pages (2): 1 **2** [Next »](#)

**[Looksmax]** The top 5 features people commonly lack and the PSL improvement each brings!

Thread Modes



**Aesthetics**  
Senior Member



Posts: 318  
Threads: 37  
Joined: Oct 2017  
Reputation: **1,116**

11-12-2017, 12:20 PM (This post was last modified: 11-12-2017, 12:44 PM by Aesthetics.)

#1

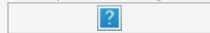
Having analysed a lot of faces of other men both in real life and online photos, I have found these 5 traits to be very important for looksmaxing that a lot of people lack.

### 1. Hair

A Large portion of men are receding and are at NW2-NW5 between age 25-35

Solution: A hair transplant + PRP can really improve a lot of men.

PSL: potential gain of up to 2 PSL if NW0 is achieved from NW3+



### 2. Nose.

A lot of men have either bulbous noses or crooked noses and both with droopy tips.

Solution: A large portion of men could actually benefit from rhinoplasty.

PSL: potential gain of up to 1 PSL depending on success and how bad it was before.



### 3. Jaw/Chin/bite/cheeks/eye area

A lot of men have either high bodyfat or weak jaw, pointy chin, not so prominent cheek bones and poor under eyes. A very large majority of men will be lacking in at least 2-3 of the above mention areas.

Solution: Chin/jaw implants or Voluma fillers for decent jaws that require a bit more volume and sharpness.

Cheek implants or fillers for a bit more enhancement.

Teardrop fillers for dark under eyes and braces for bite.

PSL: Each improvement above can gain you 0.5PSL so fixing jaw + chin + cheek + undereye for example can up you by 2PSL.



### 4. Skin.

A lot of people actually have shit skin, very few people have truly glowing clear skin. Females get away with it due to heavy makeup.

Solution: Accutane for acne prone individuals. Other than this two actual legit treatments other than spending shit lots of time and money buying lots of creams/exfoliates to improve your skin. PRP therapy & Microdermabrasion are two legit methods at improving skin quality and achieving legit glow, clean and clear skin.

PSL: depending on how bad the skin is you can gain up to 2PSL for someone with severe acne. However, most of the members on here based on their pictures can realistically gain 0.5 PSL.



### 5. Teeth.

Living in the UK, people here generally have ugly flipping teeth. I am one of the few to have excellent teeth (thanks to genetics and 6 months of braces to fix my minor bite issue and straightening them further + yearly teeth whitening sessions)

Solution: braces or Invisalign will straighten your teeth and then teeth whitening sessions performed in a clinic to achieve pearly whites. Alternatively, veneers can be another option but they are pretty obvious and more costly.

PSL: Up to 1 PSL.



The above are 5 things everyone should carefully analyse about themselves and see which areas they are lacking in and improve.

I am under the believe that every average looking male can gain around 3PSL (which is another league) by fixing all the above where required.

A combination of surgery + fillers + HT can do wonders.

### COMPLIMENTARY IMPROVEMENTS:

1. **BEARD.** Growing a beard/stubble and keeping it neatly trimmed and shaped can make you look better.  
-Beard transplants available for people with patchy or no beards. (usually only good for people with NW0 and can afford to donate some hair for their beard)

-Multiple studies done show that women are most attracted universally to men with 12 days worth of beard growth.

2. **Eyebrows,** a lot of people get this wrong. Some men don't do their unibrow and have bushy untidy eyebrows. Other men, do their eyebrows wrong and end up looking like faggots which is a complete turn-off and takes away the respect you get from other men.

-Straight, thick, dark eyebrows are generally deemed as most attractive.

Solution: Eyebrow dyes for people with light eyebrow is legit, microthreading is legit for men with patchy/no eyebrows.

When doing your eyebrows ONLY remove the fine hairs above your eyebrows not below and remove unibrow.

3. **Hairstyle.** People can look completely different after a haircut and the right hairstyle. You need to style your hair to a way that suits you. People always fail trying to copy instagram/celebrity hair cuts and end up with a completely different result.

Figuring out the right hairstyle that suits you may take time.

Solution; go to a barber/stylist who can perhaps assist you with a hairstyle that would look good on you. Heavily dependent on your face shape and norwood level. Generally you want a hairstyle that looks natural and doesn't look like you spend 5 hours on it. Gel is a big no no, but hair wax is ok.

4. **Dress sense.** Providing you have a nice frame, decent muscle mass and are not fat. FITTED clothes is the most important thing when it comes to clothing, secondly is COLOUR to go with the rest of the outfit and your complexion. THIRDLY it is the style. Thus FIT & COLOUR is truly the most important, then comes style.



## RectalAdministration

OfTRP

Senior Member



Posts: 827  
Threads: 53  
Joined: Sep 2017  
Reputation: **1,817**



repped. legit constructive thread



## Tall Dark and Handsome

Senior Member



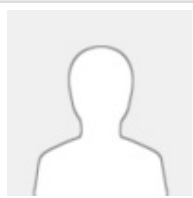
Posts: 299  
Threads: 28  
Joined: Jan 2016  
Reputation: **546**



11-12-2017, 12:31 PM

#3

No this is a shit beta thread with normie information everybody here knew before psl



## Aesthetics

Senior Member



Posts: 318  
Threads: 37  
Joined: Oct 2017  
Reputation: **1,116**



11-12-2017, 12:33 PM

#4

**Tall Dark and Handsome Wrote:** ➡

(11-12-2017, 12:31 PM)

No this is a shit beta thread with normie information everybody here knew before psl

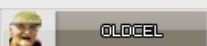
This isn't new information, but it is all compiled to make it easier for people.

It is legit common information a lot of normies don't know, so new members can read this thread and learn a lot!



## Hand Solo

Super Poster



Posts: 1,897  
Threads: 109  
Joined: Jul 2017  
Reputation: **2,245**

11-12-2017, 12:35 PM

#5

**Tall Dark and Handsome Wrote:** ➡

(11-12-2017, 12:31 PM)

No this is a shit beta thread with normie information everybody here knew before psl

Still a good thread you bellrot.



**Marin** ●  
hatrik



Posts: 6,199  
Threads: 87  
Joined: Dec 2016  
Reputation: **12,311**  
Tinder Matches: Zero  
Dates: Zero  
Kisses: Zero  
Slay Count: Virgin  
Relationships: Zero

11-12-2017, 12:38 PM

#6

My biggest failos (apart from eye area, that I believe is very hard to fix) are my jaw, nose and lips. Thanks for your very helpful ngl.

#### How to sex properly:

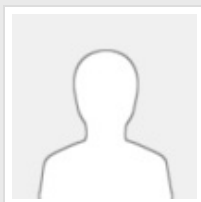
- (1) Just lol @ people on this board who worry about dick depth.
- (2) Never be afraid to suck the clit.
- (3) 2ndary foreplay can include hooking 1-2 fingers inside her and rubbing along the OUTSIDE WALL of her vagina
- (4) When you insert, your goal is to get to a state of grinding, not thrusting
- (5) Thrusting is not the primary tool, you use it to as a way of occasionally changing the flow. Like a breakdown in a song that refreshes your attention.
- (6) get her on top and make her thrust. Use your upper-body strenght to force her down as hard as you can on the base of your dick. The base of your dick is always the most important part
- (7) Doggy style: grab her hips and behave like a goddamned animal

By Poontang

666 Wrote: ➡

(05-26-2018, 07:02 AM)

I haven't seen this but it's probably ultra legit because everything you say is legit Marin srs, dead srs



**Aesthetics** ●  
Senior Member



Posts: 318  
Threads: 37  
Joined: Oct 2017  
Reputation: **1,116**

11-12-2017, 12:47 PM

#7

Marin Wrote: ➡

(11-12-2017, 12:38 PM)

My biggest failos (apart from eye area, that I believe is very hard to fix) are my jaw, nose and lips. Thanks for your very helpful ngl.

They can be fixed, albeit costly.

Jaw + chin implant. Rhinoplasty and filler for the lips (just make sure you don't use too much filler otherwise it be obvious you got them done.



**Marin** ●  
hatrik



Posts: 6,199  
Threads: 87  
Joined: Dec 2016  
Reputation: **12,311**  
Tinder Matches: Zero  
Dates: Zero  
Kisses: Zero  
Slay Count: Virgin  
Relationships: Zero

11-12-2017, 12:54 PM

#8

Aesthetics Wrote: ➡

(11-12-2017, 12:47 PM)

Marin Wrote: ➡

(11-12-2017, 12:38 PM)

My biggest failos (apart from eye area, that I believe is very hard to fix) are my jaw, nose and lips. Thanks for your very helpful ngl.

They can be fixed, albeit costly.

Jaw + chin implant. Rhinoplasty and filler for the lips (just make sure you don't use too much filler otherwise it be obvious you got them done.

Actually my lips are too big I need a lip reduction tbh, my chin height and width are good but my jaw is such a failing no rasmus at all and since I have a large forehead my face have no harmony at all.

Thanks for the advice

### How to sex properly:

- (1) Just lol @ people on this board who worry about dick depth.
- (2) Never be afraid to suck the clit.
- (3) 2ndary foreplay can include hooking 1-2 fingers inside her and rubbing along the OUTSIDE WALL of her vagina
- (4) When you insert, your goal is to get to a state of grinding, not thrusting
- (5) Thrusting is not the primary tool, you use it to as a way of occasionally changing the flow. Like a breakdown in a song that refreshes your attention.
- (6) get her on top and make her thrust. Use your upper-body strenght to force her down as hard as you can on the base of your dick. The base of your dick is always the most important part
- (7) Doggy style: grab her hips and behave like a goddamned animal

By Poontang

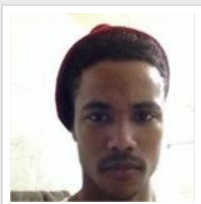
666 Wrote: →

(05-26-2018, 07:02 AM)

I haven't seen this but it's probably ultra legit because everything you say is legit Marin srs, dead srs

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**Coping BBC**  
Super Poster



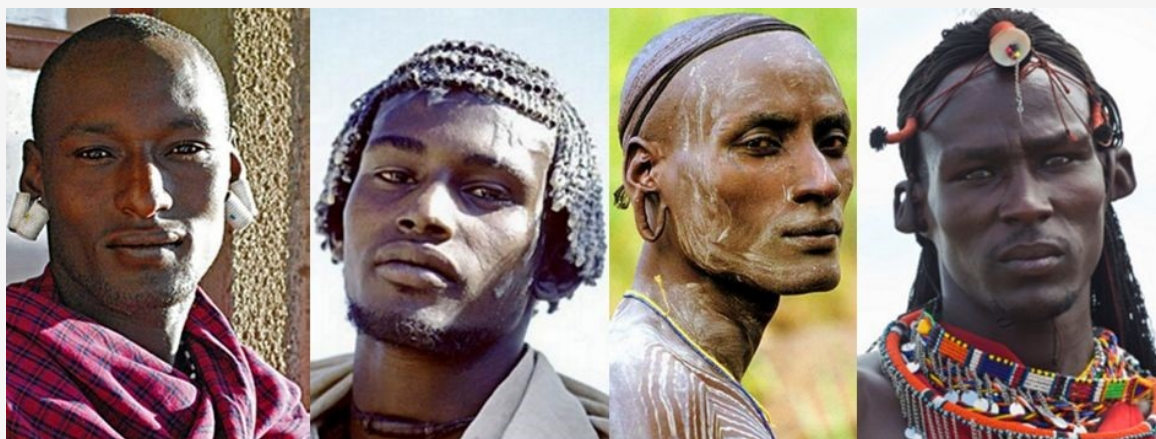
Posts: 1,070  
Threads: 83  
Joined: May 2017  
Reputation: **2,179**  
Slay Count: Virgin

Find

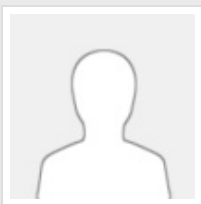
11-12-2017, 01:08 PM

#9

Fuark! Good reminder thread of looksmxing solutions!



Reply



**Aesthetics**  
Senior Member



Posts: 318  
Threads: 37  
Joined: Oct 2017  
Reputation: **1,116**

Find

11-12-2017, 04:16 PM

#10

Coping BBC Wrote: →

(11-12-2017, 01:08 PM)

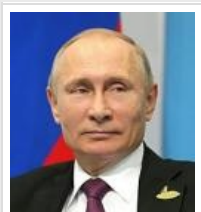
Fuark! Good reminder thread of looksmxing solutions!

Reminders are always great, sometimes people get fixated on one of their feature that they feel insecure about.

Your average person is insecure about 1 or 2 things and assume that if it wasn't for these two things they'd be 10/10

when in reality, you'd have to improve so much to go from a 5/10 normie to 8/10

Reply



11-12-2017, 04:18 PM

#11

Nose and teeth are the most important



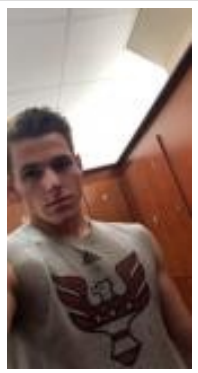


**hphorse**

Super Poster



Posts: 1,397  
Threads: 201  
Joined: Feb 2017  
Reputation: **519**



**VenomGT3**

Mega Super Poster



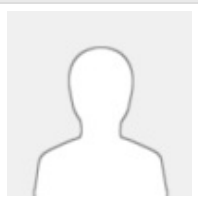
Posts: 2,065  
Threads: 53  
Joined: Nov 2016  
Reputation: **1,916**



11-12-2017, 04:36 PM

#12

It's all about the skin. Crazy to think about but the first indicator of health is whether or not you have clear, glowing skin. After that comes jaw, eyes, hair, etc.



**Aesthetics**

Senior Member



Posts: 318  
Threads: 37  
Joined: Oct 2017  
Reputation: **1,116**



11-12-2017, 06:06 PM

#13

**hphorse Wrote:** →

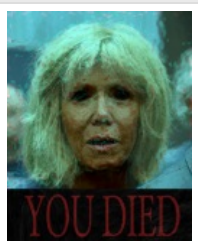
(11-12-2017, 04:18 PM)

Nose and teeth are the most important

I don't disagree on the importance of a good nose and good teeth, but I have to disagree in these two being the most important.

All features matter, if you want to be truly aesthetics you would need a good balance of everything.

With the most perfect nose and teeth, you can still look sub 7 PSL if you have no hair and weak jaw/chin



**AsymmetryIsDeath**

11-12-2017, 06:35 PM

#14

**VenomGT3 Wrote:** →

(11-12-2017, 04:36 PM)

It's all about the skin. Crazy to think about but the first indicator of health is whether or not you have clear, glowing skin. After that comes jaw, eyes, hair, etc.

this tbh. even if you're recessed and boneless, it's almost impossible to look truly ugly if you have really good skin. whereas you can have the best bones in the world and you'll look like a hideous monstrosity if you have

Godlike Poster



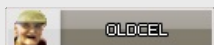
Posts: 10,397  
Threads: 568  
Joined: Apr 2017  
Reputation: **12,217**



pizza skin.



Woody Allen



Posts: 1,970  
Threads: 58  
Joined: Sep 2017  
Reputation: **5,627**



11-12-2017, 06:49 PM

#15

RectalAdministrationOfTRP Wrote:➡

(11-12-2017, 12:25 PM)

repped. legit constructive thread



GetLooksorDieTryin

Senior Member



Posts: 746  
Threads: 150  
Joined: Aug 2017  
Reputation: **1,906**



11-12-2017, 06:52 PM

#16

if only it were that easy.

The **only** thing that counts in this life is looking good.



11-12-2017, 06:57 PM

#17



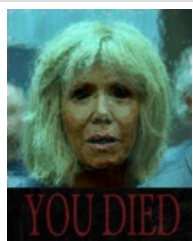
**Simptastic** ●  
Legit Nigga



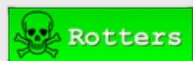
Posts: 7,262  
Threads: 82  
Joined: Mar 2017  
Reputation: **7,310**



OP is patting himself on the back right now thinking good thread, we all know it



**AsymmetryIsDeath** ●  
Godlike Poster



Posts: 10,397  
Threads: 568  
Joined: Apr 2017  
Reputation: **12,217**



11-12-2017, 07:24 PM

#18

**Brio93 Wrote:** ➡

(11-12-2017, 07:11 PM)

I got all these and I'm considered very mediocre in Italy

you have an aspie stare and mouth tbh. perma-squint, GROW OUT YOUR FUCKING HAIR RETARD YOU'VE BEEN TOLD YOUR YEARS, and maybe try a beard if you can grow a good one(might make your mouth area look less shit idk, worth a shot).



**Nambog2**  
**Revengeance** ●  
black men cant be incel



Posts: 210  
Threads: 21  
Joined: Jul 2015  
Reputation: **2,051**



11-13-2017, 04:54 PM

#19

What a retarded list, 3 is basically the entire face yet you've dedicated other features to its own paragraph.



**Freddy Krueger's**  
**Hotter** ●  
Senior Member



Posts: 391  
Threads: 7  
Joined: Oct 2017  
Reputation: **251**

11-13-2017, 05:05 PM

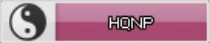
#20

TFW crooked nose with droopy tip. Not even Jewish.





**I cope hard**  
Monster Poster



Posts: 7,695  
Threads: 365  
Joined: Jan 2017  
Reputation: **11,951**

11-13-2017, 06:36 PM

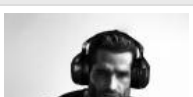
#21

would like to mention that in a lot of cases the problem with nose is often a lack of a brow ridge and or weak/chin

i mean look at gandy



or maybe i'm just coping cos i have a similar profile



11-13-2017, 09:00 PM

#22



**Zoosus** ●

dick connoisseur



**5k Reps**

Posts: 963

Threads: 192

Joined: Aug 2015

Reputation: **5,886**

**I cope hard Wrote:** ➡

(11-13-2017, 06:36 PM)

would like to mention that in a lot of cases the problem with nose is often a lack of a brow ridge and or weak/chin

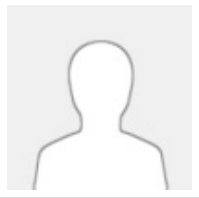
i mean look at gandy



or maybe i'm just coping cos i have a similar profile

his maxilla is rotated too far counter clockwise, i also have that problem





**Aesthetics**

Senior Member

☆☆☆

Posts: 318

Threads: 37

Joined: Oct 2017

Reputation: 1,116

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11-13-2017, 09:26 PM

#23


**Nambog2 Revengeance Wrote:**

(11-13-2017, 04:54 PM)

What a retarded list, 3 is basically the entire face yet you've dedicated other features to its own paragraph.

I understand where you are coming from, I just put those all together because it is all facial bone that needs to be combined.

Jaw/chin/bite/cheek bones go hand in hand tbh for that overall look and really is a package



**Mongoloidcel**

Newbie

UNDER 18

Posts: 33

Threads: 3

Joined: Jun 2017

Reputation: 10

Tinder Matches: Zero

Dates: Zero

Kisses: Zero

Slay Count: Virgin

Relationships: Zero

Find

11-14-2017, 02:50 AM


#24

**Aesthetics Wrote:**

(11-12-2017, 12:20 PM)

**When doing your eyebrows ONLY remove the fine hairs above your eyebrows not below and remove unibrow.**

Can I get an explanation for this?



**LooksMoneyStatus**

wise

☆☆☆

Posts: 1,167

Threads: 103

Joined: Mar 2016

Reputation: 4,270

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11-14-2017, 05:36 AM

#25

You forgot Pale Skin with 4: no matter how good you look. Pale Skin halo's you as sick and this is an Indicator of Disease.

Tan.

Its the simplest thing even a deformed midget can +1 himself with in a heartbeat.

you're cool

**StraxcityIsGod wrote:**

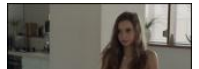
(09-01-2015, 07:34 PM)

Physique is one of the things everyone should have. Even Lachowski is somewhat defined. It's not the most important thing, but it's a basic, and if you're neglecting it then you're not serious about being the best you can be:

Good tan, Good hair, White straight teeth, Great body, Clear skin  
You can't pick and choose. If you're serious, you should be attaining them all.

Young? Read about my mistakes so you wont make them. Old? Read about how to recover.  
**I'm an Oldcell and this is my official COPE thread. (updated 17/05/2016)**  
Mass action is the cure-all. And remember: you are always one decision away from a totally different life.

Oxygen, Water, Food & Validation.



11-14-2017, 09:19 AM

#26

Reply





**diculo**

Mega Super Poster



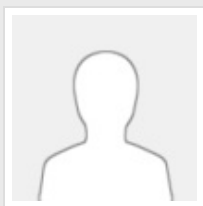
Posts: 3,235  
Threads: 7  
Joined: Jul 2016  
Reputation: **3,023**

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legit thread.



Reply



**Aesthetics**

Senior Member



Posts: 318  
Threads: 37  
Joined: Oct 2017  
Reputation: **1,116**

Find

11-14-2017, 01:06 PM

#27

**Mongoloidcel Wrote:** →

(11-14-2017, 02:50 AM)

**Aesthetics Wrote:** →

(11-12-2017, 12:20 PM)

**When doing your eyebrows ONLY remove the fine hairs above your eyebrows not below and remove unibrow.**

Can I get an explanation for this?

Yes, when you take the fine hairs off the top of your eyebrow and the unibrow. Providing done well, your eyebrow will still look natural but just neat. It would not look done with!

However, 9 times out of 10 if you remove both the fine hairs on top of your eyebrow and below it will look done! Nothing worse than a guy who looks like they have done their eyebrows (it's massive fag alert)

Reply



**PatrickBateman**

Senior Member



Posts: 383  
Threads: 16  
Joined: Jan 2017  
Reputation: **650**

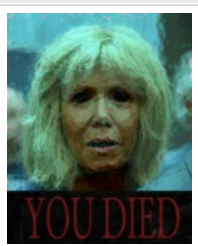
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11-14-2017, 01:45 PM

#28

Legit thread

Reply



**AsymmetryIsDeath**

Godlike Poster



11-14-2017, 07:17 PM

#29

**Brio93 Wrote:** →

(11-14-2017, 01:43 PM)

**AsymmetryIsDeath Wrote:** →

(11-12-2017, 07:24 PM)

you have an aspie stare and mouth tbh. perma-squint, GROW OUT YOUR FUCKING HAIR RETARD YOU'VE BEEN TOLD YOUR YEARS, and maybe try a beard if you can grow a good one(might make your mouth area look less shit idk, worth a shot).

Idiot, I'm balding and my hair are extremely nappy... I can't really do that much. Also, I tried to grow some facial hair bit I have to keep it very short because I start looking like an ethnuk.





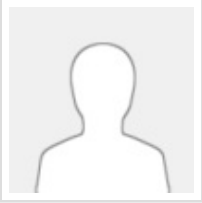
Posts: 10,397  
Threads: 568  
Joined: Apr 2017  
Reputation: **12,217**

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People here in Italy think I'm a ROMANI gipsy, if you are born with a bad skull like mine you can't do that much

balding doesnt stop your hairs growing longer you stupid fuck. leaving it short makes it even more obvious.

Reply



**couchtomato**   
Mega Super Poster  
★★★★★



Posts: 2,364  
Threads: 185  
Joined: Sep 2017  
Reputation: **6,406**

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11-14-2017, 09:12 PM

#30

**Tall Dark and Handsome Wrote:** →

(11-12-2017, 12:31 PM)

No this is a shit beta thread with normie information everybody here knew before psl

this

shit obvious thread

why is this even stickied

Reply

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Current time: 10-05-2019, 12:01 PM